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NEWS RELEASE

SUPREME DRILLING ENCOUNTERS SULPHIDE MINERALIZATION

September 23, 2010

Trading Symbol: SPR – TSX Venture Exchange
SPRWF – US OTC

SUPREME RESOURCES LTD. (the “Company”) is pleased to announce the completion of the first three drill holes at the Verde project that contain fine-grained sulphide mineralization. The drilling is designed to test the copper-silver-gold mineralization exposed in trench 1 at the Verde project. To date, 260 metres of a 500 metre program have been completed.

The Verde project is located 14 kilometres south of Princeton, British Columbia and adjacent to the east of the holdings of Copper Mountain Mining Corporation’s Copper Mountain mine. The current 2010 measured and indicated resources at the Copper Mountain mine are 518.6 million tons of 0.31% Cu containing 3.2 billion pounds of copper with gold-silver credits. The Copper Mountain mine is 75 percent owned by Copper Mountain Mining Corporation and 25 per cent owned by Mitsubishi Materials Corporation. The construction of the Copper Mountain mine is on schedule for full production in June of 2011.

The Verde trench 1 sampling returned over a 14.5 metre interval grades averaging 0.34% copper, 4.54 grams/tonne silver and 0.032 gram/tonne gold, including 9 metres averaging 0.49% copper, 6.86 grams/tonne silver and 0.046 grams/tonne gold as previously disclosed in the Company’s press release dated April 7, 2010. Malachite, limonite, chalcopyrite and magnetite occur along fractures and as disseminations within moderately fractured diorite of the Voigt stock.

The drill hole data is as follows:

| Drill Hole | Easting | Northing | Zone | Elevation (metres asl) | Azimuth | Inclination | EOH (metres) |
|------------|---------|----------|------|------------------------|---------|-------------|--------------|
| V10-01 | 682757 | 5470399 | 10N | 1119 | 214 | -65 | 122.53 |
| V10-02 | 682762 | 5470398 | 10N | 1119 | 186 | -61 | 51.56 |
| V10-03 | 682766 | 5470398 | 10N | 1119 | 170 | -61 | 85.95 |

Drill hole V10-01 has been logged and sampled, and the samples submitted to Eco Tech Laboratory Limited of Kamloops, BC for analysis. Logging and sampling of drill holes V10-02 and V10-03 is in progress.

Grant F. Crooker, P.Geo. (geologist) is the qualified person as defined by national Instrument 43-101 who supervised the preparation and verification of the technical information in this release.

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

Statements in this press release other than purely historical factual information, including statements relating to revenues or profits, or the Company's future plans and objectives, or expected sales, cash flows, and capital expenditures constitute forward-looking statements. Forward-looking statements are based on numerous assumptions and are subject to all of the risks and uncertainties inherent in the Company's business, including risks inherent in the technology history. There can be no assurance that such forward-looking statements will prove to be accurate, as actual results and future events could differ materially from those anticipated in such statements. Accordingly, readers should not place undue reliance on such statements. Except in accordance with applicable securities laws, the Company expressly disclaims any obligation to update any forward-looking statements or forward-looking statements that are incorporated by reference herein. This news release does not constitute an offer to sell, or a solicitation of an offer to buy any of the Company's securities set out herein in the United States, or to, or for the benefit or account of, a U.S. Person or person in the United States.